12/8/2020

Dear San Lucas Union Elementary School District Families and Staff:

Today a positive COVID-19 case was confirmed in our school community. We are working with local public health agencies on this matter. I understand that it can be disconcerting to not have specific information surrounding the individual; however, it is important that we respect the privacy of our students and staff.

San Lucas Union Elementary will notify any individuals who may have been exposed and ask them to self-quarantine. If you are asked to self-quarantine, please check your student email accounts for distance learning instructions from your teacher. People who are asked to quarantine should make every effort to stay at home and reduce interaction with others. The purpose of the quarantine is to reduce the chance of transmitting the virus. It is recommended you separate from others, wear a face mask, clean hands and surfaces often, and avoid sharing personal items. Be observant of your personal health, in case you start showing symptoms of sickness, such as fever, cough, and shortness of breath. You are not being asked to go get tested; however, if you want to do so, we have included information. We appreciate any information you are willing to share about symptoms experienced during quarantine, as we are keeping a log for the Department of Public Health.

[Coronaviruses](https://www.cdc.gov/coronavirus/2019-ncov/index.html) are a large group of viruses that are common among animals and humans. This novel coronavirus that causes COVID-19 is a newly discovered coronavirus causing respiratory illness that has not been previously detected in animals or humans. The source of this virus is not yet known. Symptoms can include fever, cough and shortness of breath and can appear 2-14 days from exposure. It should be emphasized that anyone experiencing symptoms should self-isolate and contact your doctor immediately.

We recognize and understand how concerning this information is and will continue to monitor the situation and update you as we have additional information. For specific information on the COVID-19 virus, we recommend reviewing information from the following online sources:

* https://www.cdc.gov/coronavirus/2019-ncov/index.html
* https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx
* https://www.co.monterey.ca.us/government/departments-a-h/health/

Sincerely,

Jessica Riley

Superintendent/Principal